

**Overcomer Training Center, Inc.  
Waiver and Release of Liability**

I. In consideration of my use of the exercise equipment and facilities provided by Overcomer Training Center, Inc. (O.T.C.), I expressly agree and contract, on behalf of myself, my heirs, executors, administrators, successors and assigns, that O.T.C. and its insurers, employees, officers, directors, and associates, shall not be liable for any damages arising from personal injuries (including death) sustained by me, or my guest in, on, or about the premises, or as a result of the use of the equipment or facilities, regardless of whether such injuries result, in whole or in part, from the negligence of the company.

II. By the execution of this agreement, I accept and assume full responsibility for any and all injuries, damages (both economic and non-economic), and losses of any type, which may occur to me or my guest, and I hereby fully and forever release and discharge O.T.C., its insurers, employees, officers, directors, and associates, from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated, or unanticipated, resulting from or arising out the use of said equipment and facilities.

III. I expressly agree to indemnify and hold O.T.C. harmless against any and all claims, demands, damages, rights of action, or causes of action, of any person or entity, that may arise from injuries or damages sustained by me or my guest.

IV. I agree to be solely responsible for safety and well being of my guest and myself.

V. I agree to comply with all rules imposed by O.T.C. regarding the use of the facilities and equipment. I agree to conduct myself in a controlled and reasonable manner at all times, and to refrain from using any equipment in a manner inconsistent with its intended design and purpose.

VI. I understand and acknowledge that the use of exercise equipment involves risk of serious injury, including permanent disability and death.

VII. I understand and agree that O.T.C. is not responsible for any property, including motor vehicle, that is lost, stolen, or damaged while in, on, or about the premises.

**I HAVE READ THE FOREGOING WAIVER AND RELEASE OF LIABILITY AND VOLUNTARILY EXECUTED THIS DOCUMENT WITH FULL KNOWLEDGE OF ITS CONTENT.**

Participant Name: \_\_\_\_\_

Date: \_\_\_\_\_

Participant/Parent/Guardian Signature: \_\_\_\_\_

Participant/Parent/Guardian Printed Name: \_\_\_\_\_

**If the participant is under 18 years of age, parent or legal guardian must read, agree to and sign this waiver on behalf of the participant.**